EMPLOYEE WELLNESS PROGRAM
Department of Kinesiology
(657) 278-4404 / Fax (657) 278-5317
http://hhd.fullerton.edu/ewp

EWP Yoga Class
Registration Form
Spring Full Session 2020

Name ____________________________________________ Date ______________________

Department / Unit ___________________________________________________________________
Campus Address _____________________________________________________________________
E-mail Address _____________________________________________________________________
Campus Phone ____________________

EWP Yoga Class: Spring 16 week Session 2020

Section 1: Serena Lin
Class Dates: January 22 – May 13 (16 week class)
Class Day / Time: Monday / Wednesday, 12:00p – 12:50p, KHS-203

Section 2: Mercedes Minjarez
Class Dates: January 21 – May 14 (16 week class)
Class Day / Time: Tuesday / Thursday, 12:00p – 12:50p, KHS-203

The EWP Yoga Class is a one-hour class that meets twice per week. The class is designed to instruct you on proper yoga practice to improve your strength, balance, flexibility, body awareness, focus and relaxation.

Please select one of the following sections:

☐ Section 1: Mon/Wed, 12:00p – 12:50p ☐ Standard Class Fee: $ 155.00
☐ Section 2: Tue/Thur, 12:00p – 12:50p ☐ Discounted Fee: * $ 110.00

☐ 10-Class Punch Pass: Use the 10 visits any class during the Spring 2020 semester
( * To receive the Discounted Fee, you must be concurrently enrolled in another EWP Exercise Class. )

☐ New Yoga Class Member, please include the following with this Registration Form:
Exercise Risk Assessment Form for Yoga Class
Informed Consent Form for Yoga Class
Medical Clearance Form (only if required, you will be notified)
Check made payable to Employee Wellness Program ASC

☐ Continuing Yoga Class Member, please include the following with this Registration Form:
Check made payable to Employee Wellness Program ASC

Please send all forms and check by campus mail to: Employee Wellness Program, KHS-121